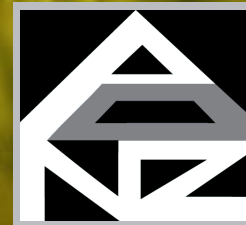


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PSYCHOSOCIAL ONCOLOGY NEW ZEALAND



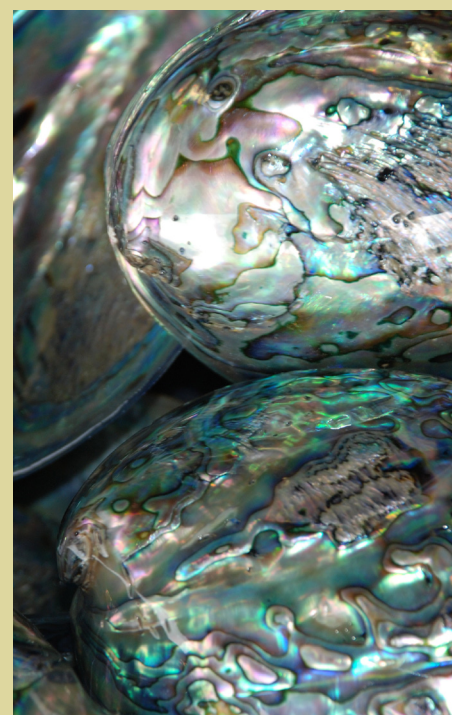
PSYCHOSOCIAL ONCOLOGY NEW ZEALAND CONFERENCE 2009



26 - 28 November 2009
Otago Museum, Dunedin

SURVIVING CANCER **BODY, MIND & SPIRIT**

FULL PROGRAMME AND REGISTRATION INFORMATION



For further details refer to www.ponz.org.nz

KEYNOTE SPEAKERS



Associate Professor David Perez

David Perez is a medical oncologist at Dunedin Hospital and Associate Professor at the Otago Medical School. His research interests include communication with patients, quality of life assessment and clinical trials. In his role as Associate Dean for the Year 2 and 3 Programme at the Otago Medical School he is directly involved in fashioning a curriculum which promotes a partnership model for communication between the doctor and patient.

Keynote Speaker Topic – *Putting the patient at the centre in cancer care*

Workshop Topic - *with Tim Carey-Smith, Sue Walthert - Doctors with cancer - the good, the bad and the ugly*



Dr Pam McGrath

Pam McGrath, is a National Health and Medical Research Council (NHMRC) Senior Research Fellow who has established the International Program for Psycho-Social Health Research (IPP-SHR) at Central Queensland University (www.ipp-shr.cqu.edu.au). Her research examines psycho-social issues in relation to serious illness including work in bioethics, oncology, haematology, paediatrics, palliative care, regional and rural health, spirituality, Indigenous health and mental health. She has written five books, over one hundred and forty peer-reviewed articles and publishes the international quarterly review, Psycho-Social Review. She views research as an important instrument for translating insights about the human experience of serious illness into programmes for health care service delivery and health policy development.

Keynote Speaker Topic - *Psycho-oncology - Back to the future*

Workshop Topic - *Dislocation and Invisibility: a workshop on relocation for specialist treatment*



Richard Egan

Richard Egan is a Research and Teaching fellow in Preventive and Social Medicine, Dunedin School of Medicine, University of Otago. Working in the Cancer Society Social and Behavioural Research Unit, Richard teaches under and post-graduate health promotion; and his current research is examining psycho-social-spiritual support service referral practices. He has recently finished his PhD which examined spirituality in end-of-life care. Richard's Master thesis examined spirituality in New Zealand state education.

Keynote Speaker Topic - *Spirituality – who cares?*

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Major Sponsors





PROGRAMME

THURSDAY 26 November

11:30am - 6:00pm Conference Registration

WORKSHOPS

1:00pm - 3:00pm

Option 1A

Roz McKechnie, Rural Health Research Unit, Dept of General Practice, University of Otago Research & postgraduate study - the what, where and how?

Option 1B

Kirsty Ross, Psycho-Oncology and Health Conditions Services, Massey University Psychology Clinic Demystifying working with children and young people.

Option 1C

Tim Carey-Smith, Palliative Care Specialist, Sue Walther, General Practitioner, David Perez, Consultant Medical Oncologist - Doctors with cancer - the good, the bad and the ugly.

3:00pm - 3:30pm

TEA BREAK

3:30pm - 5:30pm

Option 2A

Pam McGrath, NH&MRC Senior Research Fellow, Director International Program of Psycho-Social Health Research (IPP-SHR), Central Queensland University – Dislocation and invisibility: A workshop on relocation for specialist treatment.

Option 2B

Malcolm Johnson, Department of Psychological Medicine, Faculty of Medical and Health Sciences University of Auckland – Psychological strategies in pain management.

Option 2C

Amanda Levey, Psychologist and Arts Therapist - Re-connecting with the body after diagnosis or treatment: A creative arts therapy approach.

Option 2D

Hazel Naser and Gay Dungey, Department Radiation Therapy, University of Otago, Wellington. Integrating the bunker into mind, body and spirit - a radiation therapy and health professional perspective.

6:00pm - 7:30pm

CONFERENCE DELEGATES - Otago Wine and Cheese Showcase

FRIDAY 27 November

8:00am - 5:30pm

Registration

8:00am - 8:30am

Professional interest group gatherings over coffee.

All Conference papers are in the Hutton Lecture Theatre, ground floor Otago Museum

8:30am - 9:00am

WELCOME

Plenary Session 1

Patients at the Centre of Care

9:00am

KEYNOTE SPEAKER - Assoc Professor David Perez - Putting the patient at the centre in cancer care.

9:40am

David MacKintosh - Suffering and the 'acceptability gap' – a conceptual synthesis.

10:00am

Cynthia Ward and Stephen Parkinson – Transcending suffering: The survival of the family.

10:20am - 10:45am

TEA BREAK

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Plenary Session 2

Effects of Disease and Treatment

- 10:45am Sarah Hunter - The impact of premature menopause and fertility damage from cancer treatment.
- 11:05am Lynnette Jones, Debra Waters, Michael Legge - Lifting the weight off breast cancer survivorship: The importance of progressive resistance training.
- 11:25am Don Baken, Heather Heron, Shane Harvey - Meta-analysis of moderators of psycho-oncology therapy effectiveness: The poor can get richer.
- 11:45am Sally Davis - Childhood brain tumours and cognitive function.
- 12:15pm - 1:30pm LUNCH, Museum Atrium, first floor

Plenary Session 3

Roles of Optimism and Intrusive Thinking

- 1:30pm Jacqui Bowden-Tucker - Facing the inescapable and sustaining hope: reflections on transition to Hospice palliative care.
- 1:50pm Freya Hansen - Does empathy and stigma differ among patients and caregivers with smoking or non-smoking related illnesses?
- 2:10pm Margaret Alve, Sue Bannister, Sally Davis - The use of rituals as a form of support and comfort: "You can't do that - can you?"
- 2:30pm Kate Richardson - A Steinian approach to an empathic understanding in the face of cancer.
- 2:50pm - 3:20pm TEA BREAK

Plenary Session 4

- 3:20pm KEYNOTE SPEAKER - Dr Pam McGrath - Psycho-Oncology - Back to the future.
- 4:00pm - 5:00pm PONZ AGM

For those booking the train journey to Middlemarch and the Conference Dinner, it is a ten minute walk from the Museum down Castle Street to Dunedin's beautiful historic railway station for departure 5:30 sharp.

Conference Dinner

Join us on the Taieri Gorge Railway for an evening to remember. Pre-dinner drinks and nibbles will be served on the historic Taieri Gorge Railway train which will take us on a journey through the rugged and spectacular Taieri River Gorge, across wrought iron viaducts and through tunnels carved by hand more than 100 years ago. Our destination will be Middlemarch, where we will be treated to a country fare feast and then boarding the train for the return trip back to Dunedin's historic railway station, arriving 10:30pm



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SATURDAY 28 November



8:00am - 9:00am	Registration
8:00am - 8:30am	Professional interest group gatherings over coffee.
	<u>Plenary Session 5</u> Surviving Illness and Change
8:30am	Jane Currie and Kieren Faull - Survive to Thrive: the preliminary results of a post-treatment intervention to facilitate emotional and spiritual transition for cancer patients and their families.
8:50am	Penny Hayward, Don Baken, Christine Stephens - Understanding the issues faced by cancer survivors in New Zealand.
9:10am	Amy Munro, Christine Kerr, Lisa Speed, Debbie Moore - Upload, download, unload: LifeBloodLIVE – an online forum for haematology patients.
9:30am	Pam McGrath - Insights from play: findings on procedural distress for children surviving treatments for leukaemia.
9:50am	Rae Noble-Adams, Liz Horn, Meg Biggs - CANCER CONNECT -a peer support service for people living with cancer.
10:10am - 10:40am	COFFEE BREAK
	<u>Plenary Session 6</u> Transitions: Emotional and Spiritual
10:40am	Jane Rollings - Refuelling for palliative care nurses – a recent look at compassion fatigue.
11:00am	KEYNOTE SPEAKER - Dr Richard Egan - Spirituality - who cares?
11:50am - 1:00pm	LUNCH, Museum Atrium, first floor
	<u>Plenary Session 6 continued</u> Transitions: Emotional and Spiritual
1:00pm	Inga O'Brien, Wayne Naylor, Emma Britton - The voice of experience: results from New Zealand's first national cancer care survey.
1:20pm	Helen Brown - Emotional and spiritual transition through cancer
1:40pm	Richard Egan, Qa-t-a Amun, Susan Sutcliffe - Identifying priorities for psycho-social-spiritual cancer research in New Zealand: perspectives from the Cancer Society of New Zealand Support Services.
2:00pm	Andu lordache - Making the case for using dream talk in cancer care.
2:20pm	Anna Holmes - Bearing witness to suffering – letting go of control.
2:50pm	Open Discussion
3:20pm	PONZ-8 Conference Close
3:30pm	TEA, Departures

CONFERENCE INFORMATION

Registration Fee Inclusions

Early Bird and Late Registration include Friday and Saturday sessions, am & pm teas, lunches and Thursday Welcome showcasing Otago wines and cheeses, handbook and satchel.

Thursday Workshop fees include workshop and tea. If you attend more than one then fees are discounted. Refer to prices on the registration form.

Day Registration includes 1 day attendance, am & pm teas, lunch, handbook and satchel.

½ Day attendance includes am or pm tea, lunch, handbook and satchel.

Late Fee

The late fee registration will be charged for registrations received after 23rd October 2009.

Cancellations

Cancellations received prior to 13 November 2009 will be entitled to a refund less a \$100 administration fee. Cancellations received

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after 13 November 2009 will not be entitled to a refund. Substitutions may be made at any time. Only cancellations received in writing will be considered valid. A Handbook will be posted following the Conference.

Disclaimer

Every effort has been made to present as accurately as possible the information contained in this brochure, however the Organising Committee may need to make changes to the structure of the programme.



Accommodation

Please make your own arrangements. Accommodation close to the Otago Museum is listed below. When booking mention you are attending the ODHNB PONZ Conference to obtain any discount available.

Price Per Night Twin Share (unless stated)

Alan Court Motel 0800 611511	590 George St \$120 1 bedroom
Albatross B&B 03 4772727	770 George Street \$95 - 120 single, \$110 - 160 double

Alexis Motel 0800 425394	475 George St \$115 single extra person \$20
Best Western Alcala 0800 505883	Cnr George & St David St \$102 single, \$108 double Studio; \$118 for 2 + \$18/person (to 7 max) apartments
Dunedin & Academy Court Motel 0800 477769	624 George St \$105 1 bedroom, \$100 Studio
Hotel Cargills 0800 737378	678 George Street \$119 single, \$135 double/twin
Kiwis Nest Backpacker 03 4719540	597 George Street \$40 single, \$60 - 75 en suite, \$90 self-contained unit
Owens Motel 0800 673673	745 George St \$90 - \$110
The Executive Residence 03 4799151	68 Forth Street \$135 single (inc continental breakfast) extra person \$15

Special Interest

Dunedin has long attracted artists to this very beautiful coastal, peninsula and valley region. Several artists, who have been affected by cancer directly or through experiences with family and friends, have put forward work which particularly speaks of the experience. They have generously mounted a private exhibition for your interest and pleasure. Most of these works are from private collections, others possibly are available for purchase.

Podcasts

During the Conference a computer will be made available by the IPP-SHR: the International Program for Psycho-Social Health Research at Central Queensland University so delegates can access their very full library of podcasts.

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SURVIVING CANCER BODY, MIND & SPIRIT

First Name Surname.....

Business/Organisation.....

Address

..... Postcode

Phone..... Email.....

REGISTRATION DETAILS							PRICES	REGISTRATION PAYMENT
Pre Conference Workshops (not included in full registration)								
Thursday One Workshop							\$40.00	\$
Thursday Two Workshops							\$70.00	\$
Please circle your workshop choice/s								
1A	1B	1C	2A	2B	2C	2D		
Full Registration (does not include Thursday Workshops or the Conference Dinner)								
Student/Members Registration until 23/10							\$300.00	\$
Early Bird Registration							\$330.00	\$
Late Registration after 23/10							\$410.00	\$
Day Attendance (circle day)								
Friday OR Saturday							\$200.00 per day	\$
Half Day Attendance (circle half day)								
Friday AM		Friday PM					\$100.00 per half day	\$
Saturday AM		Saturday PM						
Social Option								
Conference Dinner							\$110.00	\$
TOTAL REGISTRATION FEES								\$

GST Number 61-218-653 - Prices are all inclusive of 12.5% GST.

Will you be attending the following function?

Thursday evening Welcome with Otago Wines and Cheeses yes / no

Do you have any special dietary requirements?

PAYMENT OPTIONS - Please tick your method of payment

Cheque enclosed ☐ Please make payable to Otago District Health Board PONZ Account

Credit Card ☐

Mastercard ☐

Visa ☐

Diners ☐

Amex ☐

Name on card

Card number Expiry Date

Card Holder's Signature

Credit Card payments will appear as SP Conference Management on your statement.

Direct Credit ☐

A remittance advice must be emailed to suepeck@xtra.co.nz when payment is made.

BNZ, University of Otago

020908 0230279 00

In the particulars field you MUST quote CF067 and also include your name in the reference field.

Please Note

It's our intention to publish a list of delegates attending this conference in the handbook. We will include the name, organization, address and email details.

Please tick box if you do not wish to appear on this list. ☐

Return payment to:

PONZ

c/- SP Conference Management

PO Box 4400, Palmerston North 4442, New Zealand

Fax 64 6 357 1426

